

HOW TO PAY FOR TREATMENT

Some people are able to finance their stay in rehab outright, but many people don't have the cash on hand and need outside help. It is worth keeping in mind that there are a number of ways to finance a private treatment plan. Private rehab isn't as costly as some people imagine and a fear of inadequate funds should not prevent you from exploring private help. Here are some of the options available to anyone who is serious about recovering from their addiction and securing a place in private rehab.

1. PRIVATE HEALTH INSURANCE

The majority of private health plans will cover the cost of drug or alcohol rehabilitation at a private facility. If you have private insurance, make sure you double check the policy or call you insurer to confirm you have cover.

2. HELP FROM FAMILY AND FRIENDS

Maintaining any addiction is costly and many people we speak with are in financial difficulty. If you are able to demonstrate a willingness and commitment to getting into recovery and changing your life, it is worth speaking to family and friends – it may be that they can help either by gifting or loaning the money.

Remember – they want to see you get well and may help you if they can.

3. COMMERCIAL LOANS

It may be that you are able to secure a financial loan for your treatment. Some clients ask friends or family to take out a loan on their behalf.

4. EMPLOYERS

Some employers donate or loan the money to employees.

5. CREDIT CARDS

As with any major purchase, a credit card can be used. We don't tend to recommend this option, but it is valid and worth considering as a last resort. You will of course need to be committed to paying off the credit card in the future.

WHAT DOES PRIVATE ADDICTION TREATMENT COST?

A private detox, which is available at a large number of private rehab clinics in the UK usually costs in the region of £2,500 per week. Keep in mind that the length of a detox can vary and is something that a medical professional would need to advise on after a thorough assessment.

Residential rehab programmes vary in length but are typically priced on a weekly basis. The majority of treatment programmes cost in the region of £1,500 - £3,000 a week. Luxury rehab is also available for those who require a very high standard of accommodation or privacy.

There are a large number of rehab clinics in the UK and costs vary depending on a number of factors like the length of stay and level of accommodation. Often sharing a room or going to a rehab with more basic accommodation can help reduce the cost. We can help explain what's available and what's suitable within your budget.

WHAT GOES INTO THE COST OF PRIVATE TREATMENT?

Reputable private rehab clinics are centres of excellence that provide extremely high standards of expertise, comfort and care. Providing residential support and caring for people with addiction is a costly exercise for clinics and private hospitals who have considerable overheads such as qualified medical professionals, a high staff to client ratio, a 24 hour nursing team presence, well maintained premises, the provision of therapy, food, equipment. This level of care costs money and goes some way to explaining the level of fees they charge.

PUTTING THE PRICE INTO CONTEXT

Rehab should be seen as an opportunity to start a new life and become free from addiction. Most people who are considering rehab are in the grips of a progressive and life threatening addiction. The cost of maintaining an addiction is often financially taxing, not to mention physically dangerous and heartbreaking for those affected by the addiction.

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